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LET'S GET MESSY!!!!

Getting messy is an important part of your child's development. Touch is the best way for kids to learn about their environment. This summer allow your child to explore these textures as he/she feels comfortable. Learning can be FUN!

<p>Finger Paint</p> <ul style="list-style-type: none"> • 3 Tablespoons sugar • ½ cup corn starch • 2 cups cold water • Food coloring <p>Mix all ingredients and allow child to use fingers to make a picture.</p>	<p>Kool-Aid Finger Paint</p> <ul style="list-style-type: none"> • 2 cups flour • 2 packs Kool-Aid • ½ cup salt • 3 cups boiling water • 3 Tablespoons oil <p>Mix wet into dry ingredients. Then finger paint.</p>
<p>Jell-O Finger Paint</p> <ul style="list-style-type: none"> • Jell-O mix • Boiling Water <p>Add water slowly to Jell-O to make goo consistency. Allow child to use like finger paints. Make sure your child understands this is a playtime not an eating time.</p>	<p>Simple Clay</p> <ul style="list-style-type: none"> • 3 cups flour • ¼ cup salt • 1 cup water • 1 Tablespoon oil <p>Mix flour and salt. Then add water and oil. Add more water if too stiff and more flour if too sticky. Can add ½ tsp. alum for a preservative.</p>
<p>Nutty Butter Play dough</p> <ul style="list-style-type: none"> • 1 cup peanut butter • 1 cup powdered milk • 1 cup honey • 1 cup oatmeal (optional) <p>Mix together and use like regular play dough.</p>	<p>Oatmeal Dough</p> <ul style="list-style-type: none"> • 1 cup flour • 2 cups oatmeal • 1 cup water <p>Gradually add water to flour and oatmeal. Use like regular play dough.</p>
<p>Pud</p> <ul style="list-style-type: none"> • Mix cornstarch and water together slowly at a 2:1 ratio. Consistency should allow a ball that melts quickly. Can add food coloring. 	<p>Silly Putty</p> <ul style="list-style-type: none"> • 2 parts white glue • 1 part Sta-Flo liquid starch <p>Mix together well.</p>
<p>Clown Paint</p> <ul style="list-style-type: none"> • 1/8 cup baby lotion • ¼ teaspoon tempera paint powder • 1 squirt liquid soap <p>Mix together and finger or face paint.</p>	<p>Bubbles</p> <ul style="list-style-type: none"> • 1 cup water • 2 Tablespoons light caro syrup • 4 Tablespoons dish washing liquid <p>Combine ingredients and blow bubbles using a wand or string tied in a circle.</p>
<p>Soap Crayons</p> <ul style="list-style-type: none"> • 1 ¾ cup soap flakes • 50 drops food coloring • ¼ cup water <p>Place in ice cube tray and allow to harden. Then use to color.</p>	<p>Soap Slime</p> <ul style="list-style-type: none"> • Bucket • Soap Flakes • Water <p>Mix together and allow to sit overnight in the bucket. Then play with the slime that formed.</p>

A. Conrad, 2001

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